

# Systemic Family Constellation Workshop

Facilitated by: Dr. Shannon Zaychuk

May 31<sup>st</sup> and June 1<sup>st</sup>, 2019

Redwood Meadows, Alberta

## A New Understanding Brings New Possibilities....

A Family Constellation can uncover hidden dynamics and unconscious family loyalties that contribute to depression, anxiety, physical symptoms, strained relationships, and financial struggle. In a safe and contained group setting long standing family patterns, many originating from past trauma — provide a broader context for understanding and beginning to heal physical, emotional and relational issues.

**This is an Open Workshop Offering Family Constellations.** Bert Hellinger's teachings on **Systemic Family Constellation Work, Relationships** and the "**Orders of Love**" will be explored through constellations, exercises and mini lectures. In addition, insights from **Pre and Peri Natal psychology** will be drawn from to illustrate key principles operating in the relational "field" between ourselves and others.

### The Facilitator; Dr. Shannon Zaychuk

A Registered Psychologist for over 37 years, Shannon has facilitated a wide variety of workshops and trainings throughout Canada and the United States. As a teacher and practitioner of Integrative Body Psychotherapy and a facilitator of Birth Process Workshops, Shannon brings a unique early attachment and body focused orientation to her Family Constellation Work.

**Times:** Friday May 31<sup>st</sup> 1:30 P.M. – 6:00 P.M.  
Saturday June 1<sup>st</sup> - 9:30 A.M. – 5:30 P.M.

### Fabulous

**Host:** Dr. Karen Massey - 403-949-2290

**Place:** Redwood House, 1 Manyhorses Dr.  
Redwood Meadows, Alberta

**Fee:** \$225.00

**Register:** Shannon Zaychuk - [shannon@zaychuk.ca](mailto:shannon@zaychuk.ca)  
403- 931-0060